



School Psychologists *As* **MENTAL HEALTH PROVIDERS**

SERVICES TO ADDRESS IDENTIFIED MENTAL/ BEHAVIORAL HEALTH PROBLEMS:

Tier

3

- Direct therapeutic services to general and special students, including individual and group counseling, even in the absence of a clinical diagnosis or identified educational disability
- Cognitive-behavioral therapy, behavior therapy, solution-focused therapy, and dialectical behavior therapy
- Psychological assessment of social, emotional, and behavioral problems
- Suicide intervention and postvention
- Crisis intervention/crisis response
- Facilitation of collaboration among school providers with community agencies and other outside mental and behavioral health providers

SERVICES TO ADDRESS EMERGING MENTAL AND BEHAVIORAL HEALTH PROBLEMS AND PREVENT RISKY BEHAVIORS:

Tier

2

- Suicide risk/ threat assessment
- Protocols for responding to bullying
- Evidence-based mental and behavioral health programs (e.g., Check-In Check-Out)
- Skills group counseling (e.g., social skills training, anger management, stress reduction)
- Assessment and interpretation of behavioral data to monitor response to interventions
- Development and monitoring of individual student behavior intervention plans
- Conflict mediation and restorative justice groups
- Group therapy
- Mentoring of students
- Facilitation of collaboration among family, school, and community to address mental and behavioral health problems and understand the impact of cultural issues

PROMOTION OF MENTAL AND BEHAVIORAL WELLNESS AND PREVENTION OF MENTAL AND BEHAVIORAL HEALTH:

Tier

1

- Universal screening for academic, behavioral, and emotional barriers to learning
- Classroom lessons on resiliency
- Consultation with teachers to promote social-emotional learning into classroom/curriculum
- Development and implementation of MTSS/ PBIS
- Data collection and evaluation of the effectiveness of school-wide social and emotional programs
- Consultation on effective discipline policies and practices, especially to ensure equity and to avoid disproportionate application to specific populations
- Development of evidence-based bullying/ violence prevention policies and practices
- Participation on crisis prevention and intervention teams
- Staff development related to mental health wellness

**NATIONAL RECOMMENDED RATIO IS
1 SCHOOL PSYCHOLOGIST TO
500-700 GENERAL EDUCATION STUDENTS**